

**57ª PROVA - 400 METROS LIVRE FEMININO - JUVENIL 1 - 3ª ETAPA - 11/09/2022**

COL	S	R	ATLETA	CÓD	NASC	PATROCÍNIO	ENTIDADE	T.BALIZ	T.FINAL	IT	PT
1º	1	4	RAFAELA NAKAMURA	140923	2007		CORINTHIANS	04:37.73	<b>04:44.48</b>	574	0.0
			RT: 00.00 100m: 01:07.48								
			200m: 02:19.36 (1:11.88)								
			300m: 03:32.32 (1:12.96)								
			400m: 04:44.48 (1:12.16)								
2º	1	3	MANUELA SILVA	140622	2007		PAINEIRAS/CBC	04:48.47	<b>04:45.85</b>	566	0.0
			RT: 00.00 100m: 01:08.69								
			200m: 02:21.26 (1:12.57)								
			300m: 03:33.96 (1:12.70)								
			400m: 04:45.85 (1:11.89)								
3º	1	5	SARAH MORAIS	141743	2007		SESI-SP	04:44.50	<b>04:51.28</b>	534	0.0
			RT: 00.00 100m: 01:10.50								
			200m: 02:23.70 (1:13.20)								
			300m: 03:37.17 (1:13.47)								
			400m: 04:51.28 (1:14.11)								
4º	1	6	LUIZA PESTALOZZI	141033	2007		PINHEIROS	04:51.89	<b>05:03.66</b>	472	0.0
			RT: 00.00 100m: 01:12.22								
			200m: 02:29.12 (1:16.90)								
			300m: 03:46.86 (1:17.74)								
			400m: 05:03.66 (1:16.80)								
5º	1	2	GIOVANNA VERONEZ	140435	2007		SESI-SP	05:03.22	<b>05:12.08</b>	434	0.0
			RT: 00.00 100m: 01:14.36								
			200m: 02:33.53 (1:19.17)								
			300m: 03:54.03 (1:20.50)								
			400m: 05:12.08 (1:18.05)								
6º	1	1	JULIA RIOS	140413	2007		JUVENTUS	05:15.75	<b>05:17.23</b>	414	0.0
			RT: 00.00 100m: 01:14.77								
			200m: 02:34.37 (1:19.60)								
			300m: 03:55.12 (1:20.75)								
			400m: 05:17.23 (1:22.11)								
7º	1	7	ANNA FERREIRA	143403	2007		HEBRAICA	05:13.91	<b>05:22.18</b>	395	0.0
			RT: 00.00 100m: 01:15.12								
			200m: 02:36.82 (1:21.70)								
			300m: 03:59.33 (1:22.51)								
			400m: 05:22.18 (1:22.85)								